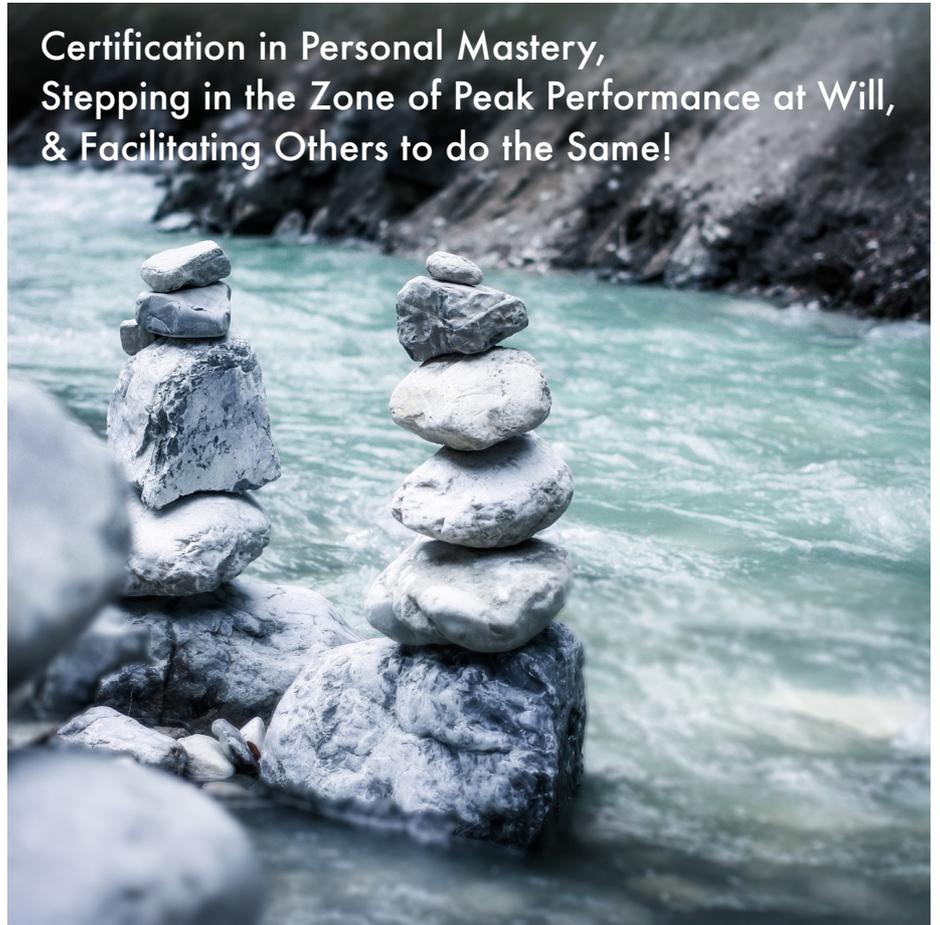


Accessing Personal Genius

META-COACHING
MODULE
2

Certification in Personal Mastery,
Stepping in the Zone of Peak Performance at Will,
& Facilitating Others to do the Same!



Accessing Personal Genius

Introducing APG

Accessing Personal Genius (APG) is a highly interactive & life changing program to bring out your personal brilliance utilizing experiential and accelerated learning.

When most people think of 'genius' they think of an Einstein, Da Vinci or a Mozart, but the truth is that no one is born a full-fledged genius. Genius emerges from a set of learnable skills and in fact it is quite easy to develop if you know what you are doing.

Throughout this 3-day program you will develop the sub-skills and experiences that culminate in the experience of a self-empowered, laser focused, & innately pleasurable state of 'being in the zone' where nothing can distract you, you are performing at your highest potential and where you are open to creative solutions and accelerated learning.

Genius is Learnable

Everyone can learn to access genius states, and consequently this ability has applications and performance benefits for Coaching, Leadership, Business, Training,

Creativity, Public Speaking, Physical Fitness, Accelerated Learning & so much more.

By the end of this training you will have richly developed one 'genius flow state' (in the area of your choice) that you can step in and out of at will and use as a template to develop more flow states.

Creating flow states will drastically increase your productivity, your level of satisfaction in life, and your effectiveness across all areas of your life.

The Components of Genius

Beyond developing a personal 'genius state' of your own, each component of APG is valuable as stand alone skills that you can utilize in your daily experiences & interactions.

Developing personal power, changing limiting beliefs, developing unconditional self-esteem, generating pleasure, focusing intentionality, removing the excuses that hold you back, integrating internal conflicts, and so much more.

The 14 Foundational Neuro-Semantic (mind-body) processes that you practice and experience within this program will give you conscious control over the key developmental powers that all humans learn

as they grow from children into healthy adults. Beyond that, these processes are designed to be easy for you to 'apply to yourself' (which is highly encouraged for increased levels of personal power and congruency).

These 14 processes are the ones that I use on almost a daily basis with myself and my clients. They get to the root of what it means to develop as a human being, to embody personal power, and to be an authentic leader.

Who Is This For?

This certification course is focused on applying Neuro-Semantic NLP to your own life, however for those interested in Coaching, APG is internationally recognized as Module 2 of the Meta-Coach System® and will provide you Coaching skills to facilitate others to actualize their highest potentials as well.

While anyone can benefit from the skills and processes within this workshop, APG is ideal for life-long learners who are interested in peak performance, self-mastery and unleashing their highest potentials.

CERTIFIED by:

PRODUCED by:

ISNS
International Society of Neuro-Semantics®

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COURSE DURATION:

3 Days

CLASS HOURS:

9:00am - 5:00/6:30pm. Frequent breaks are given and a 1-1.5 hr lunch

PREREQUISITES:

None, however NLP Practitioner (Meta-Coach module 1) is encouraged.

CERTIFICATE AWARDED:

Coaching Genius or Accessing Personal Genius

Meta-States® Certification Training

Program Benefits

- ◆ Develop state management skills that will increase both your I.Q and E.Q. and enable you to fully feel in charge of yourself.



- ◆ Access your untapped potentials and connect with your passion.
- ◆ Power-up with your natural power for taking effective action.
- ◆ Discover how to use pleasure states for

creating a powerful natural motivation and thoroughly enjoy what you need to do.

- ◆ Explore & reconstruct your 'matrix of frames' to unplug "buttons" and develop enhancing frames of mind.
- ◆ Cut off negative thought spirals at their core and clear your path for personal success.
- ◆ Step out of the box of limited thinking to expanded perceptions of possibilities of personal & professional excellence.
- ◆ Close the Knowing-Doing gap and take effective action on your best ideas, values, and goals.
- ◆ Develop a laser-beam focus that concentrates your productivity, engagement & brings life to the tasks you need to accomplish
- ◆ Blow out the excuses that hold you back and free yourself to follow through on your desired actions.
- ◆ Align your beliefs, values, and behaviors for the personal power of congruency and credibility to increase your powers of ethical influence.

Neuro-Semantics and NLP Trainer

Jason Schneider has 10+ years experience in the fields of Neuro-Linguistic Programming, Coaching & Neuro-Semantics. His mission is to facilitate students of NLP & Coaches to operate at their highest level of skill, authenticity, and personal congruency. Through his coaching, training, mentoring & consulting he aims to empower every coach, practitioner & person to bring more fulfillment in their own lives and to live more congruently as they facilitate others to do the same. Jason is a Full Certified Neuro-Semantics and NLP Trainer by the International Society of Neuro-Semantics®.

Program Objectives

- ◆ Learn the Meta-States model, acknowledged by INLPTA in 1995 as "the most significant contribution to NLP".
- ◆ Learn to work with the levels of consciousness beyond the primary 'Internal Representations'
- ◆ Become skilled in 'meta-stating' as a dynamic process for enhanced coaching & self-management
- ◆ Consciously remove disempowering beliefs & install empowering ones at will
- ◆ Discover higher level skills for state management & emotional intelligence
- ◆ Take ownership of your most basic powers for higher levels of responsibility & empowerment
- ◆ Develop & practice the 14 core meta-state patterns for Coaching human development
- ◆ Understand and work with reflexivity (self-reflexive awareness) and use it to enhance the quality of your life.
- ◆ Transcend linear thinking & work systemically within the mind-body system
- ◆ Go beyond 'outcome achievement', break through limitations, and unleash your potentials toward self-actualization
- ◆ Set new and enhancing frames of mind that make up the best Inner Game
- ◆ Learn to prevent, control & artfully transform negative mental-emotional spirals into new, more effective patterns
- ◆ Transcend old thoughts and feelings with grace and elegance and manage your inner psychological frameworks
- ◆ Gain access to your operational systems that govern your Neuro-Semantic states (states that are typically at deeper unconscious levels.)
- ◆ Develop a laser-beam focus and be able to turn on and off any "genius" state at will

PROGRAM CONTENT

1. Introducing Meta-States as a Model of Reflexivity in states of consciousness
2. Meta-Stating Learning: Accessing the experience of Accelerated Learning
3. Meta-Stating our Concept of "Self:" Self-Acceptance, Appreciation and Awe (Esteem)
4. Meta-Stating "Thought" with "Confirmation" to Generate the Gestalt of "Belief."
5. Dragon Slaying & Taming: Meta-Stating Morbid States
6. Meta-Stating Concepts: The Neuro-Semantics of Human States
7. Meta-Stating Creative Solutions: Meta-Stating the Concept of a "Miracle"
8. Mind-to-Muscle Pattern
9. Meta-Stating Pleasure: Meta-Pleasuring — Gestalting Happiness
10. Meta-Stating Intentionality: Taking an Intentional Stance with Our Highest Objectives
11. Meta-Stating Committed Focus: Accessing Your Personal Genius
12. Meta-Stating Congruence: Meta-Alignment and Integration
13. Meta-Stating Integrity Beyond Language, or "Spinning Icons".

