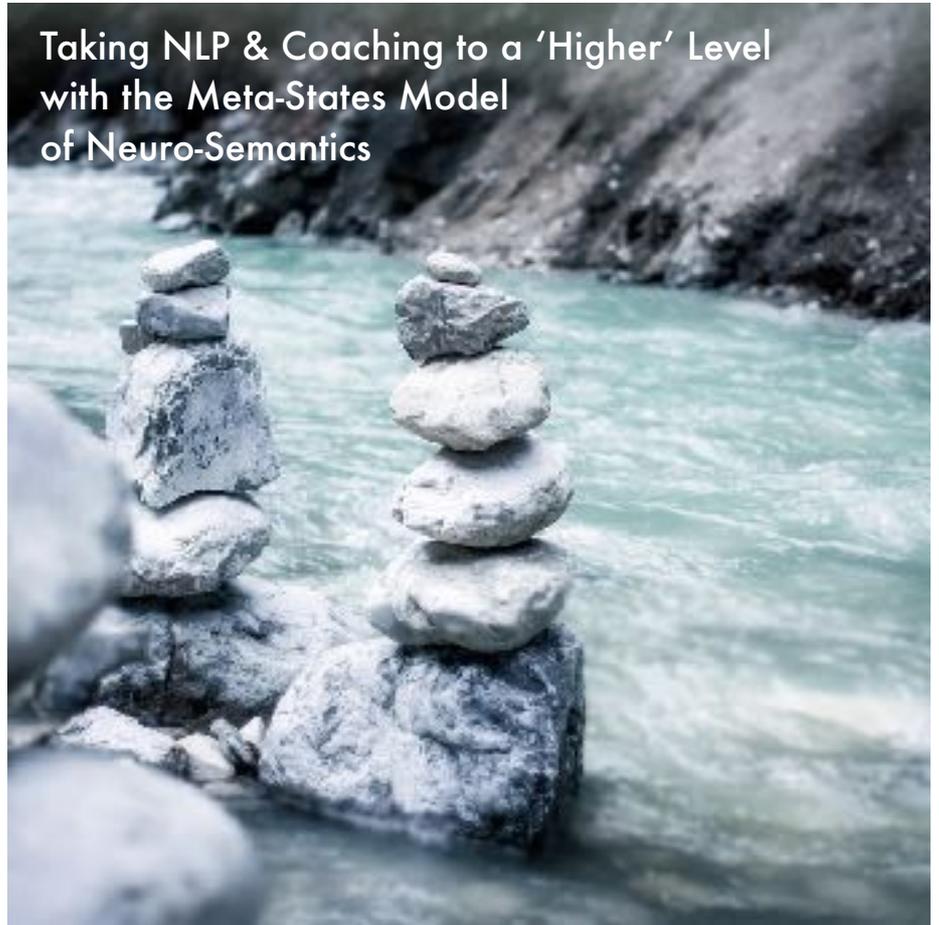


# COACHING GENIUS

META-COACHING  
MODULE  
2

## Taking NLP & Coaching to a 'Higher' Level with the Meta-States Model of Neuro-Semantics



## Accessing Personal Genius

### Introduction

Coaching Genius is a highly interactive & genuinely life changing program that builds upon the skills and practices of Neuro-Linguistic Programming.

The 'genius' of Neuro-Linguistic Programming was in recognizing 'sensory representations' as the building block of thought.

Coaching Genius introduces the practitioner to the Meta-States Model of Neuro-Semantics which moves us beyond sensory-representations into the frames of mind that govern our mental-movies and behaviors.

The Meta-States Model massively enhances your power to apply NLP to yourself which accelerates your personal evolution and makes you much more congruent in your client work.

### Genius is Learnable

One of the primary objectives of this program is for you to develop a 'genius state' of your own. We have all had moments of genius when we are in a 'state of flow' but then experienced the frustration

when we were interrupted and lost the moment. Coaching Genius is a training that teaches you to not only how to step into 'genius states' at will, but how to step out of them with full confidence that you can return at any time (plus facilitate others to do the same).

Everyone can learn to access genius states, and consequently this ability has applications and performance benefits for Coaching, Leadership, Business, Training, Creativity, Health & so much more.

By the end of this training you will have one flow state (typically students choose a 'Coaching flow state') that you can step in and out of at will and use as a template to develop more flow states.

Creating flow states will drastically increase your productivity, your level of satisfaction in life, and your effectiveness as a coach & any other discipline in your life.

### Next Generation Patterns

The next major objective of this program is for you to experience and practice utilizing the 14 Foundational Neuro-Semantic Coaching Patterns. These patterns give you conscious control over the key

developmental powers that all humans learn as they grow from children into healthy adults. Beyond that, these patterns are designed to be easy for the practitioner to 'apply to themselves' for higher levels of personal power and congruency (which is highly encouraged).

These 14 patterns are the ones that I use on almost a daily basis with myself and my clients. They get to the root of what it means to develop as a human being, and some of these patterns offer more efficient, effective, & elegant alternatives to some of the traditional NLP patterns.

### Who Is This For?

While anyone can benefit from the skills and processes within this workshop, Coaching Genius is more than ideal for people who want to go deeper with their knowledge and practice of Neuro-Linguistic Programming & Coaching and to deepen their level of personal development.

This certification course makes applying NLP to your own life much easier so that you can facilitate others to actualize their highest potentials in a way that is authentic and congruent to you.

CERTIFIED by:

PRODUCED by:

ISNS  
International Society of Neuro-Semantics®

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**COURSE DURATION:**

3 Days

**CLASS HOURS:**

9:00am - 5:00/6:30pm. Frequent breaks are given and a 1-1.5 hr lunch

**PREREQUISITES:**

None, however NLP Practitioner (Meta-Coach module 1) is encouraged.

**CERTIFICATE AWARDED:**

Coaching Genius or Accessing Personal Genius

## Meta-States® Certification Training

### Program Benefits

- ◆ Develop state management skills that will increase both your I.Q and E.Q. and enable you to fully feel in charge of yourself.



- ◆ Access your untapped potentials and connect with your passion.
- ◆ Power-up with your natural power for taking effective action.
- ◆ Discover how to use pleasure states for

creating a powerful natural motivation and thoroughly enjoy what you need to do.

- ◆ Explore & reconstruct your 'matrix of frames' to unplug "buttons" and develop enhancing frames of mind.
- ◆ Cut off negative thought spirals at their core and clear your path for personal success.
- ◆ Step out of the box of limited thinking to expanded perceptions of possibilities of personal & professional excellence.
- ◆ Close the Knowing-Doing gap and take effective action on your best ideas, values, and goals.
- ◆ Develop a laser-beam focus that concentrates your productivity, engagement & brings life to the tasks you need to accomplish
- ◆ Blow out the excuses that hold you back and free yourself to follow through on your desired actions.
- ◆ Align your beliefs, values, and behaviors for the personal power of congruency and credibility to increase your powers of ethical influence.

### Neuro-Semantics and NLP Trainer

Jason Schneider has 10+ years experience in the fields of Neuro-Linguistic Programming, Coaching & Neuro-Semantics. His mission is to facilitate students of NLP & Coaches to operate at their highest level of skill, authenticity, and personal congruency. Through his coaching, training, mentoring & consulting he aims to empower every coach, practitioner & person to bring more fulfillment in their own lives and to live more congruently as they facilitate others to do the same. Jason is a Full Certified Neuro-Semantics and NLP Trainer by the International Society of Neuro-Semantics®.

### Program Objectives

- ◆ Learn the Meta-States model, acknowledged by INLPTA in 1995 as "the most significant contribution to NLP".
- ◆ Learn to work with the levels of consciousness beyond the primary 'Internal Representations'
- ◆ Become skilled in 'meta-stating' as a dynamic process for enhanced coaching & self-management
- ◆ Consciously remove disempowering beliefs & install empowering ones at will
- ◆ Discover higher level skills for state management & emotional intelligence
- ◆ Take ownership of your most basic powers for higher levels of responsibility & empowerment
- ◆ Develop & practice the 14 core meta-state patterns for Coaching human development
- ◆ Understand and work with reflexivity (self-reflexive awareness) and use it to enhance the quality of your life.
- ◆ Transcend linear thinking & work systemically within the mind-body system
- ◆ Go beyond 'outcome achievement', break through limitations, and unleash your potentials toward self-actualization
- ◆ Set new and enhancing frames of mind that make up the best Inner Game
- ◆ Learn to prevent, control & artfully transform negative mental-emotional spirals into new, more effective patterns
- ◆ Transcend old thoughts and feelings with grace and elegance and manage your inner psychological frameworks
- ◆ Gain access to your operational systems that govern your Neuro-Semantic states (states that are typically at deeper unconscious levels.)
- ◆ Develop a laser-beam focus and be able to turn on and off any "genius" state at will

### PROGRAM CONTENT

1. Introducing Meta-States as a Model of Reflexivity in states of consciousness
2. Meta-Stating Learning: Accessing the experience of Accelerated Learning
3. Meta-Stating our Concept of "Self:" Self-Acceptance, Appreciation and Awe (Esteem )
4. Meta-Stating "Thought" with "Confirmation" to Generate the Gestalt of "Belief."
5. Dragon Slaying & Taming: Meta-Stating Morbid States
6. Meta-Stating Concepts: The Neuro-Semantics of Human States
7. Meta-Stating Creative Solutions: Meta-Stating the Concept of a "Miracle"
8. Mind-to-Muscle Pattern
9. Meta-Stating Pleasure: Meta-Pleasuring — Gestalting Happiness
10. Meta-Stating Intentionality: Taking an Intentional Stance with Our Highest Objectives
11. Meta-Stating Committed Focus: Accessing Your Personal Genius
12. Meta-Stating Congruence: Meta-Alignment and Integration
13. Meta-Stating Integrity Beyond Language, or "Spinning Icons".

